

# **Gateway to Certified Nursing Assistant**

Career Cluster	Health Science
Course Code	14051
Prerequisite(s)	
Credit	1.0
Graduation Requirement	None
Program of Study and	Cluster course – <b>Gateway to Certified Nursing Assistant</b> – other pathway courses in the Therapeutic Services
Sequence	pathway or capstone experience
Student Organizations	Future Health Professionals (HOSA), Skills USA
Coordinating Work-Based	Mentoring, Job Shadowing, Internship, Workplace Tours,
Learning	
Industry Certifications	Certified Nursing Assistant
Dual Credit or Dual	
Enrollment	
Teacher Certification	
Resources	State and National Future Health Professionals (HOSA) Conference (Competitive Events), State and National
	Skills USA Conference, Certified Nursing Assistant Candidate Handbook, Omnibus Budget Reconciliation Act,
	South Dakota Board of Nursing, South Dakota Healthcare Association.

#### **Course Description:**

Gateway to Certified Nursing Assistant is designed to empower high school students to take charge of and set a course for their future. It will prepare them to graduate with marketable skills and a real-world work connection. Students will be informed of the roles of the Certified Nursing Assistant focusing on direct patient care. After completing this portion for the Certified Nursing Assistant course a student would need only to pass the state examinations in order to become a Certified Nursing Assistant. Clinical hours may be required to meet certification requirements.

#### **Program of Study Application**

Gateway to Certified Nursing Assistant is the first pathway course in the Health Science career cluster, Therapeutic Services pathway. The course would follow participation in one or more cluster courses. Completion of Gateway to Certified Nursing Assistant would prepare a student to participate in further pathway courses in the Therapeutic Services pathway or a capstone experience.

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### **Course Standards**

## CNA 1: Discuss the Certified Nursing Assistant (CNA) certification process and roles of the CNA in the healthcare environment.

Webb Level	Sub-indicator	Integrated Content
One Recall	CNA 1.1 Discuss laws and regulations that govern the work and certification of the nurse assistants.	Discuss Future Health Professionals, Skills USA, Omnibus Budget Reconciliation Act, South Dakota Board of Nursing, South Dakota Healthcare Association.
One Recall	CNA 1.2 Identify the job duties and requirements of a nurse assistant.	Discuss South Dakota Board of Nursing, South Dakota Healthcare Association. Discuss the Candidate Certified Nursing Assistant Handbook.

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CNA 2: Identify and implement principles related to infection control and basic safety/emergency situations.

Webb Level	Sub-indicator	Integrated Content
One Recall	CNA 2.1 Identify Certified Nursing Assistant's role in infection control procedures in reference to Centers for Disease Control, Occupational Safety Health Administration, and National Institute of Health.	Hands on skills practice, and return skills demonstration. Compare the relationship between microorganisms and infections including body and defenses.
Two Skill/Concept	CNA 2.2 Discuss and demonstrate safety procedures within the healthcare environment.	Understand Occupational Safety Health Administration (OSHA), Material Safety Data Sheet/Safety Data Sheet.

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CNA 3: Measure and record patient/resident's health-related vital data/statistics.

Webb Level	Sub-indicator Sub-indicator	Integrated Content
Two Skill/Concept	CNA 3.1 Collect and document baseline information, including vital signs, height and weight.	Hands on skills, return skills demonstration with height and weight, oxygen saturation, pain rating scale, and vital signs.
Two Skill/Concept	CNA 3.2 Identify normal ranges for vital signs, and list factors which can affect vital signs.	Hands on skills, return skills demonstration. Understand the list factors that can affect them include infection, caffeine, stress, medications, pain.

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CNA 4: Understand patient/resident's environment, basic human needs, and the importance of hygiene.

Webb Level	Sub-indicator Sub-indicator	Integrated Content
Two Skill/Concept	CNA 4.1 Identify the importance of basic physical human needs of the patient/resident.	Understand basic knowledge of patient/resident's basic physical human needs such as activities of daily living
Two Skill/Concept	CNA 4.2 Identify the importance of the patient/resident's psychosocial needs.	Understand basic knowledge of patient/resident's psychosocial needs such as Maslow's Hierarchy of Needs, aging process, Department of Social Services, sensitivity to religious and cultural beliefs, empathy, and mental well-being.

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CNA 5: Understand care involving cognitive impairment, mental illness, and death and dying.

Webb Level	Sub-indicator	Integrated Content
Two Skill/Concept	CNA 5.1 Identify effective strategies when caring for cognitively altered and mentally ill patients.	Understanding common mental illness conditions and characteristics such as dementia, Alzheimer's, delirium, and depression.
Two Skill/Concept	CNA 5.2 Understand the basic needs and care during patient/resident's death and grieving process.	Describe death with dignity, summarize physical care of the dying patient, discuss post mortem care, and differentiate between various stages of the grieving process.